Are Your Financial Beliefs Keeping You From Financial Success?

Your financial beliefs may be keeping you from true financial success. Did you know that a simple shift in your mindset might be all it takes to begin bringing fortune into your life? Most of our beliefs are created during our childhood. Whether from our parents, teachers, religious leaders, television shows, or friends, we were taught what to believe about money at a young age. Unfortunately, this is also a time when we have the least experience in life. As a result, our beliefs are primarily instilled into us by those most influential around us, and once they're in, it can be extremely difficult to get them out. Additionally, most of our financial beliefs have been the same for years and we rarely analyze the cause of why we think the way we do. Our beliefs are interesting because at times they can hinder us from achieving true financial success.

Let's look at a few examples of some limiting financial beliefs which many people share.

I can only reach my financial goals if I work really hard and sacrifice spending time with my family, friends, and all of my social activities. While you may have to work to reach your financial goals, this notion that you have to completely wear yourself out and become a "workaholic" in order to make a good living has been proven false time and time again. Earning money has become less about the hours you put in, and more about the value of work you contribute. This isn't to say that you don't have to work hard to earn money; it just means that the value of work you put in can be more effective than the amount of time. Thus, if you think about your talents and realize that money doesn't have to be such a chore to earn, you will probably find money will make its way into your life a lot easier than it has in the past.

I will never be able to afford that, no matter how hard I try. You may not be able to afford something right now; however, to say that you will never be able to afford something is a limiting belief. The truth is, if you want something bad enough you can make it happen. This relates to goal planning. Once you create the goal, the

next step is to do what it takes to accomplish it. You will find that once you begin sending your goals out into the universe, you can begin receiving small hints on how to accomplish them.

For example, I once set out to run a twenty-six mile marathon. I wasn't in the best shape, so I thought it would never be possible. The marathon was for a good cause, so I chose to change my belief after setting the goal. I noticed gym commercials on television much more than usual, personal training flyers were left on my doorstep, we even had a new employee at work named Jenny Craig (true story!). This was incredible. These subtle hints were being dropped right in front of me. The irony in all of this is that the TV ads were not really occurring more than usual and I had probably received a personal training flyer on my doorstep before. What was different was that I had shifted my mindset and realized I could run that marathon if I simply got into shape. Instead of limiting my beliefs, I completely transformed them and opened up my mind to a whole new world of possibilities.